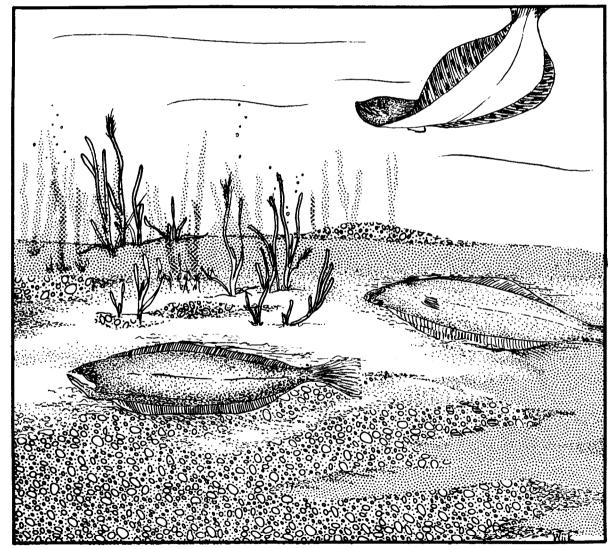
Library National Wetlands Research Center U. S. Fish and Wildlife Service 700 Cajundome Boulevard Lafayc tte, La. 70506

Biological Report 82 (11.112) August 1989

TR EL-82-4

Species Profiles: Life Histories and Environmental Requirements of Coastal Fishes and Invertebrates (Mid-Atlantic)

SUMMER AND WINTER FLOUNDER



QL 155 .S63 no.82-11.112

> Fish and Wildlife Service U.S. Department of the Interior

Coastal Ecology Group Waterways Experiment Station

U.S. Army Corps of Engineers



Biological Report 82(11.112) TR EL-82-4 August 1989

Species Profiles: Life Histories and Environmental Requirements of Coastal Fishes and Invertebrates (Mid-Atlantic)

SUMMER AND WINTER FLOUNDER

bу

Barbara H. Grimes, Melvin T. Huish, and J. Howard Kerby J.S. Fish and Wildlife Service North Carolina Cooperative Fishery Research Unit Department of Zoology North Carolina State University Raleigh, NC 27695

and

David Mbran U.S. Fish and Wilalife Service National Wetlands Research Center 1010 Gause Boulevard Slidell, LA 70458

Project Manager Edward Pendleton U.S. Fish and Wildlife Service National Wetlands Research Center 1010 Gause Boulevard Slidell, LA 70458

Performed for

Coastal Ecology Group Waterways Experiment Station U.S. Army Corps of Engineers Vicksburg, MS 39180

and

U.S. Department of the Interior Fish and Wildlife Service Research and Development National Wetlands Research Center Washington, DC 20240

This series should be referenced as follows:

U.S. Fish and Wildlife Service. 1983-1988. Species profiles: life histories and environmental requirements of coastal fishes and invertebrates. U.S. Fish Wildl. Serv. Biol. Rep. 82(11). U.S. Army Corps of Engineers, TR EL-82-4.

This profile should be cited as follows:

Grimes, B.H., M.T. Huish, J.H. Kerby, and D. Moran. 1989. Species profiles: life histories and environmental requirements of coastal fishes and invertebrates (Md-Atlantic)--summer and winter flounder. U.S. Fish Wildl. Serv. Biol. Rep. 82(11.112). U.S. Army Corps of Engineers, TR EL-82-4. 18 pp.

PREFACE

This species profile is one of a series on coastal aquatic organisms, principally fish, of sport, commercial, or ecological importance. The profiles are designed to provide coastal managers, engineers, and biologists with a brief comprehensive sketch of the biological characteristics and environmental requirements of the species and to describe how populations of the species my be expected to react to environmental changes caused by coastal development. Each profile has sections on taxonomy, life history! ecological role, environmental requirements, and economic importance, if applicable. A three-ring binder is used for this series so that new profiles can be added as they are prepared. This project is jointly planned and financed by the U.S. Army Corps of Engineers and the U.S. Fish and Wildlife Service.

Suggestions or questions regarding this report should be directed to one of the following addresses.

Information Transfer Specialist National Wetlands Research Center U.S. Fish and Wildlife Service NASA-Slide11 Computer Complex 1010 Gause Boulevard Slidell, LA 70458

or

U.S. Army Engineer Waterways Experiment Station Attention: WESER-C Post Office Box 631 Vicksburg, MS 39180

CONVERSION TABLE

Metric to U.S. Customary

<u>To Obtain</u> Multiply Bу millimeters (mm) 0.03937 inches 0.3937 centimeters (cm) inches 3. 281 feet meters (m) meters (m) 0.5468 fathoms 0.6214 statute miles kilometers (km) kilometers (km) 0.5396 nautical miles square meters (m^2) 10.76 square feet 0.3861 square miles square kilometers (km*) hectares (ha) 2.471 acres liters (1) 0.2642 gallons cubic meters (M³) 35.31 cubic feet cubic meters (M³) 0.0008110 acre-feet milligrams (mg) 0.00003527 ounces grams (g) kilograms (kg) 0.03527 ounces 2.205 pounds 2205.0 metric tons (t) pounds metric tons (t) 1.102 short tons 3.968 kilocalories (kcal) British thermal units 1.8(°C) + 32 **Celsius degrees** (°C) Fahrenheit degrees U.S. Customary to Metric millimeters 25.40 inches 2.54 centimeters inches 0.3048 feet (ft.) meters 1.829 fathoms meters statute miles (mi) 1.609 kilometers nautical miles (nmi) 1.852 kilometers square feet (ft^2) 0. 0929 square meters square miles (mi²) 2.590 square kilometers acres 0.4047 hectares 3.785 liters gallons (gal) cubic feet (ft³) 0.02831 cubic meters acre-feet 1233.0 cubic meters ounces (oz) 28350.0 milligrams ounces (OZ) 28.35 grams pounds (1b) 0.4536 kilograms pounds (1b) 0.00045 metric tons short tons (ton) 0.9072 metric tons British thermal units (Btu) 0.2520 kilocalories 0.5556 (°F Fahrenheit degrees (°F) **Celsius degrees** 32)

CONTENTS

-

								Page
PREFACE <th></th> <th>•</th> <th></th> <th></th> <th></th> <th></th> <th></th> <th> iv</th>		•						iv
NOMENCLATURE/TAXONOMY/RANGE. Summer Flounder								
Minter Flounder. MORPHOLOGY/IDENTIFICATION AI	• • •			• •				··· 2 ··· 2
Summer Flounder	•••	•	•••	•••	· · ·	••••		· · · · 2 · · · 2
REASON FOR INCLUSION IN SERIE								4
ReproductivePhysiology/StrSpawning		•••						4
Larvae		• •		••				5
Adults	•••	•••		•••	•••	· · · ·		··· 6
Growth Rates and Length-Wei THE FISHERY.								
Commercial Fisheries Recreational Fisheries	•••	•		•••				10
Population Dynanics ECOLOGICAL ROLE		•		•••				11
Food Habits Feeding Behavior Parasites		•		• •				11
ENVIRONMENTAL REQUIREMENTS . Temperature and Salinity .		•						12
Pollution	•••	• •		•••	•••	••••	••••	12
LITERATURE CITED								 15

ACKNOWLEDGMENTS

We would like to express our sincere thanks to Dorothy Wright for typing this manuscript. Also, we would like to thank Dr. Larry Ray Grimes for technical assistance and advice. We also thank John Musick of the Virginia Institute of Marine Science and Paul Scarlett of the New Jersey Division of Fish and Game for reviewing the report.

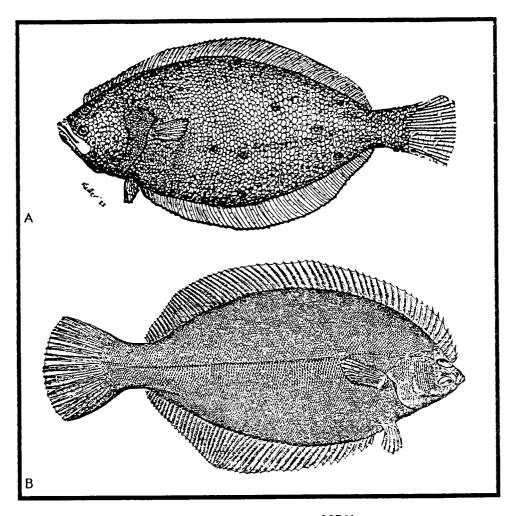


Figure 1. A. Summer flounder (Powell 1974), B. Winter flounder (Martin and Drewry 1978).

SUMMER AND WINTER FLOUNDER

NOMENCLATURE/TAXONOMY/RANGE

Summer Flounder

- Preferred common name.....Summer
 flounaer (Figure 1A)
- Other common names......Flounder, fluke, plaice fish, plaice, plaise, splaice, chicken halibut, flounder of New York, common flounder, brail,

turbot, flatfish, longtoothed flounder

Class 0steicht	hyes
OrderPleuronectifor	nes
FamilyBothic	lae
Geographic range: The summer flound	der
prefers estuarine and shelf wate	ers
of the Atlantic Ocean. It is fo	und
between Nova Scotia and t	he
southeastern coast of Florida but	is
most abundant from Cape Co	od,
Massachusetts, to Cape Hattera	ıs,
North Carolina (Hildebrand a	nd
Schroeder 1928). Distribution	

the mid-Atlantic region is shown in Figure 2.

Winter Flounder

- Scientific name.....Pseudopleuronectes americanus
- Preferred common name.....Winter
 flounder (Figure 1B)
- Other common names.....Flatfish, blackback, Georges Bank flounder, lemon sole, flounder, sole, rough flounuer, plie rouge, carrelet, halibut, holibut, dab.
- Class.....Osteichthyes
- Order.....Pleuronecti formes Fami ly.....Pleuronecti dae
- Geographic range: The winter flounder has a broad range, occurring from Buttle Harbor and Windy Tickle, Labrador, to Beaufort, North Carolina, but is nost common in estuaries between the Gulf of St. Lawrence and Chesapeake Bay. Distribution in the Mid-Atlantic Region is shown in Figure 2.

MORPHOLOGY/IDENTIFICATION AIDS

Summer Flounder

The body of the summer flounder is laterally flattenea; a margin of the preopercle is free; and the eyes are on the left side. The bases cf both pelvic fins are short. The ocular side of the fish ranges from tan to dark brown and has numerous ocellated spots. Five prominent spots are arranged in two triangles with a common apex on the lateral line: however, this configuration is generally lacking in larger specimens. The fish are able to blend into their background by adapting to the texture and color of the substrate on which they live.

Meristic characteristics: Dorsal rays, 80-98; anal rays, 63-78; pectoral rays, 10-13; vertebrae 40-43 (Smith and Daiber 1977); gill rakers on lower limb of first arch 14-19. Average head length and average upper jaw length are contained 3.96 and 2.05 times, respectively, in standard length (SL) (Hildebrand and Schroeder 1928). The scales are ctenoid. Late postlarvae of summer flounder have a well-defined band of black pigment along the anterior two-thirds of the anal fin and a similar band along the anterior four-fifths of the dorsal fin (Figure 3d) which are lacking in the flounder southern (Paralichthys lethostigma) and the gulf flounder (P. albioutta). Sumer flounder postlarvae typically have 40-42 total vertebrae while southern flounder postlarvae have 37 or 38 and gulf flounder postlarvae have 36-38. Summer flounder postlarvae have 81-94 dorsal rays and 61-74 anal rays, while gulf flounder postlarvae have 72-82 dorsal rays and 53-63 anal rays (Deubler 1958).

<u>Winter Flounder</u>

The winter flounder's body is ovate and laterally compressed. The eyes are on the right side, separated by a narrow scaled ridge; the upper eye is near the edge of the head. The mouth is of moderate size and the length of the maxillary on the blind side is less than one-third that of Winter flounder are olive the head. green to reddish-brown in color and sometimes have a few rusty spots. The lateral line is nearly straight. The dorsal fin originates opposite the forward edge of the eye and is of nearly equal height throughout its length.

Meristic characteristics: Dorsal rays 56-81; anal rays 47-54; pectoral rays 10-11; gill rakers on lower limb of first arch, 7-8; vertebrae, 36. Average head length is 4.0 cm (Hildebrand and Schroeder 1928; Pierce and Howe 1977). The scales are ctenoid.

REASON FOR INCLUSION IN SERIES

The summer flounder is an important commercial and recreational

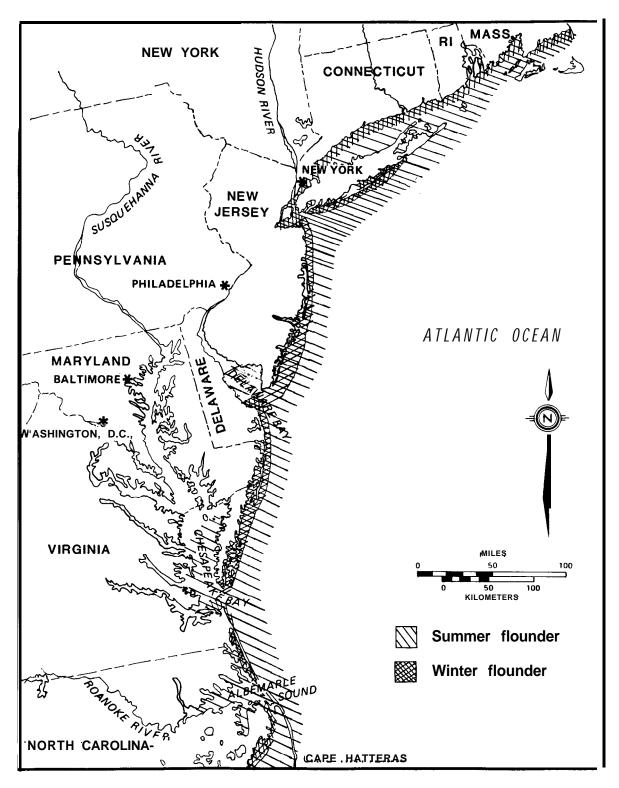


Figure 2. Distribution of the Summer and Winter flounder in the mid-Atlantic region.

species along the Atlantic seaboard of the United States and is the major recreationally caught flounder of the mid-Atlantic inshore waters. There are three major commercial fisheries: the inshore summer fishery; the offshore winter fishery; and a fall and winter trawl fishery inside the (36-m) contour that 20- fathom developed on the Virginia and North Carolina coast in the 1960' s (Hildebrand and Schroeder 1928; Scarlett 1981).

LIFE HISTORY

Reproductive

Adult female summer flounder, on the average, are 60 nm longer (in total length, TL) than males at first attainment of sexual maturity in the Mid-Atlantic Bight (Morse 1981). The summer flounder appears to become sexually mature by the age of II (Morse 1981). Gonads of summer flounder ripened from mid-August through November in the Delaware Bay; the fish moved offshore to spawn in the winter (Smith and Daiber 1977). Morse (1981) reported that summer flounder have a protracted spawning season of variable duration with early maturation, high fecundity, serial spawning, and extensive migrations across the continental shelf. Life history parameters are determined by local genetic and environmental factors.

The number of maturing ova in summer flounder is highly correlated with weight and length. Fish in the Mid-Atlantic Region between 366 and 680 mm TL have an estimated 0.46 to 4.19 million ova (Morse 1981).

Total egg count of winter flounder ranged from 0.435 million for an age-III fish to 3.329 million eggs for an age-V fish captured off Massachusetts (Topp 1968). The regression equation for the relationship of fecundity to fish weight for winter flounder was as follows:

 $\ln F = 0.1605 \text{ t} 1.0659 \ln W (N = 30)$

where Wis weight in grams.

South Atlantic Bight (Smith 1973). Adult summer flounder move back inshore to estuaries or coastal waters in the winter and spring (Wilk et al. 1980).

Sp_awning

In the South Atlantic Bight, spawning times and habitats of summer flounder are poorly documented. Based on collections of newly hatched larvae, connercial catch rates, and generalized coastal and shelf trawling surveys, seasonal migration patterns of adult fish have been deduced. It is known that summer flounder migrate offshore during cooler months. In late fall, winter, or early spring they spawn near the bottom of shelf waters 30-200 m deep. The genetically distinct populations north and south Cape Hatteras may behave of differently.

Between Cape Cod, Massachusetts. and Cape Lookout, North Carolina, spawning of summer flounder began in September (Smith 1973). In the survey by Smith (1973), spawning continued through December in the northern part, and through February to the south. Spawning in the Mid-Atlantic Region continues into February and March in some years and probably begins north of Chesapeake Bay and progresses southward in a cycle that ends in the South Atlantic Bight (Smith 1973). Adult summer flounder move back inshore to estuaries or coastal waters in the winter and spring (Wilk et al. 1980).

Spawning times of the winter flounder are variable, like those of the summer flounder; spawning occurs first in the southern part of the range and progressively later towards the north in keeping with water temperatures. Spawning occurs inshore from November through June from Newfoundland to Delaware. Male winter flounder in northern (Canadian) waters showed spermatogenesis and gonad development 6 months before the spawning season (which was in May to Oocytes may take three years June). Nonreproductive to mature. individuals occur in the spawning season, but condition factors are less in these fish. They may be conserving resources to spawn after a later feeding season with abundant food where their condition factor is higher (Burton and Idler 1984).

Saila (1961) showed with tagging studies that winter flounoer returned to the tagging locality with high frequency over one year of recovery data. Fish dispersed from the breeding grounds in summer and returned in winter. The same breeding area was not always successfully located (Saila 1961).

Winter flounder spawn 'in shallow inshore waters (Jeffries and Johnson 1974). Spawning occurs at night (Breder 1922). In observations by Breder (1922) in the laboratory, spawning is preceded by extensive swimming in spirals. The femnles extrude eggs in wide counterclockwise spirals due to the centrifugal force (Breder 1922).

Eggs

Eggs of the summer flounder are pelagic. Incubation time in the laboratory was 9 days at 5 °C and 2-3 days at 21 'C. Mean diameter of mature unfertilized eggs is 0.98 mm Yolk occupies about 95% of the egg volume (Johns et al. 1981).

Winter flounder eggs are minute, demersal, and adhesive, sinking to the bottom (Breder 1924). The adhesive eggs averaged 0.81 mm (Breder 1924) or 0.61 mm (Topp 1968) in modal diameter. They clump together after fertilization, thus often becoming distorted and ovoid in shape (Breder 1924).

Larvae

Notochord length of summer flounder was about 3.0 mm at hatching in the laboratory and was about 3.6 mm when yolk-sac absorption was complete (Johns et al. 1981). Growth until the absorption of the yolk sac is complete is not temperature dependent. Larvae that hatch at both 11 $^{\circ}$ C and 21 $^{\circ}$ C grow to about 3.6 mm notochord length within 6 days after hatching (Johns et al. 1981). No data on larval feeding habits is available.

Larvae of summer flounder are transported to estuarine nursery areas by currents. Greater densities of young fish were found in or near inlets, and greater numbers were captured during periods of the full moon (Williams and Deubler 1968).

In larval winter flounder (7 mm TL), the digestive tract is completely developed; the eyes are pigmented; and the mouth is fully functional (Sullivan 1914).

Sullivan (1914), who described the winter flounder larva from hatching to the end of the second nonth in the laboratory, divided its larval history into four stages which he selected to show diagnostic characteristics for identification.

- Stage I- A group of dark piqment spots on the posterior half of the body is the most important character for identification. The notochord is present as a straight tube. Yolk absorption is gradual and varies with temperature.
- Stage II Yolk absorbed, age 12 days, length 5 mm.

- Stage III Metamorphosing larva 5-7 weeks old and 5.8 mm long.
- Stage IV Postlarva about 8 weeks old and 6.5 mm long; average body depth 2.75 mm

<u>Juveni l es</u>

Young summer flounder are >6 mm long when they first move into estuaries (Weinstein et al. 1980). In the Cape Fear River Estuary, North Carolina, postlarvae first entered the marshes in March and April (Weinstein 1979). Prior to late summer, juvenile summer flounder were randomly distributed in an estuary, but in late summer and early fall, they were more abundant in an estuarine sea grass bed than in an adjacent tidal marsh creek (Weinstein and Brooks 1983).

No postlarval summer flounder have been collected at salinities ppt in the Neuse River below 12 North Carolina (Keup and basin. Bavless 1964). However, juveniles prevalent at higher were salinities (Powell and Schwartz 1979). Pamlico Sound and adjacent estuaries i mortant nursery areas are for summer flounder (Powell and Schwartz 1977). Yearling; move to the ocean in summer, but underyearlings remain in the estuaries (Powell and Schwartz 1977).

For the first summer, young-of-year winter flounder remain in shallow waters of bays and estuaries where they were spawned. Sandy coves appear to be preferred habitats of these fish (Hildebrand and Schroeder 1928).

The juveniles are preyed upon by summer flounder, striped bass, bluefish, and other species of fish of larger size; cornorants and harbor seals are also predators. The young are found from June through November from Mystic River, Connecticut, to Long Island Sound. In the Upper Mystic Estuary and Long Island Sound, between July and February, the average length of the young was 23 mm TL (Pearcy 1962). Juveniles have been observed year-round in Long Island Sound and are abundant from June to October in Shinnecock and Peconic Bay, Long Island. March through November is a peak period in the Delaware River Off Massachusetts, only Estuary. about 73% of the juveniles moved offshore in the spring and summer seaward migration (Howe et al. 1976). In Narragansett Bay, Rhode Island, smaller fish (10-20 cm long) do not migrate bevond the headlands in spring (Jeffries and Johnson 1974).

See Figures 3 and 4 for general development of both species.

Adults

Saila et al. (1965) prepared age-weight tables for winter flounder caught in Charlestown Pond and Narragansett Bay, Rhode Island. The average weight of 12-year-old specimens was calculated to be 874 g. The largest recorded adult was 570 mm (TL) and was probably considerably older than 12 years (Bigelow and Schroeder 1953).

Off southern Massachusetts, winter flounder moved seaward to deeper water in the spring and summer months, but usually remained within the 55-m depth contour (Howe and Coates 1975). This seaward movement may have been an avoidance of the temperature rise in the nearshore waters.

Annual natural nortality rate for winter flounder in the Mid-Atlantic Region was estimated at 27% (Howe and Coates 1975). Winter flounder dominated the catch of a research trawl and represented 50%-90% of all individuals in Narragansett Bay (Jeffries and Johnson 1974).

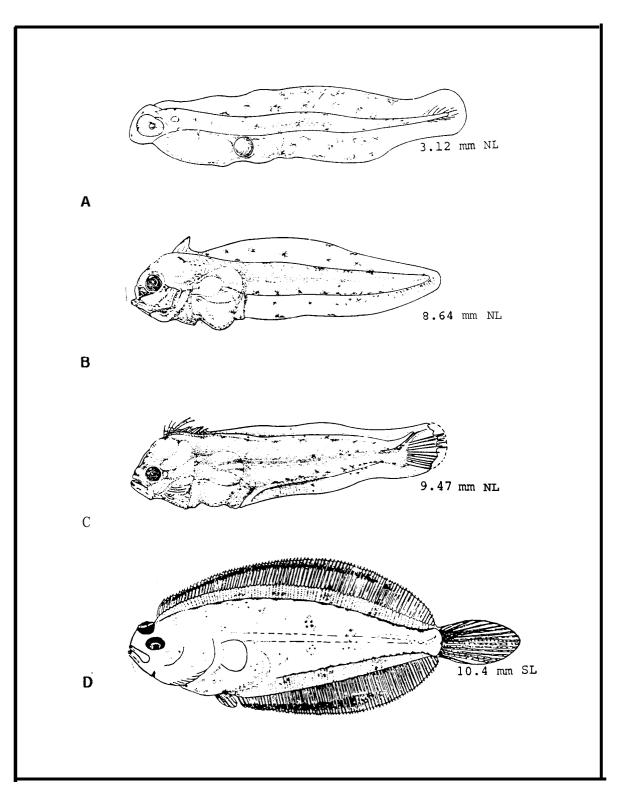
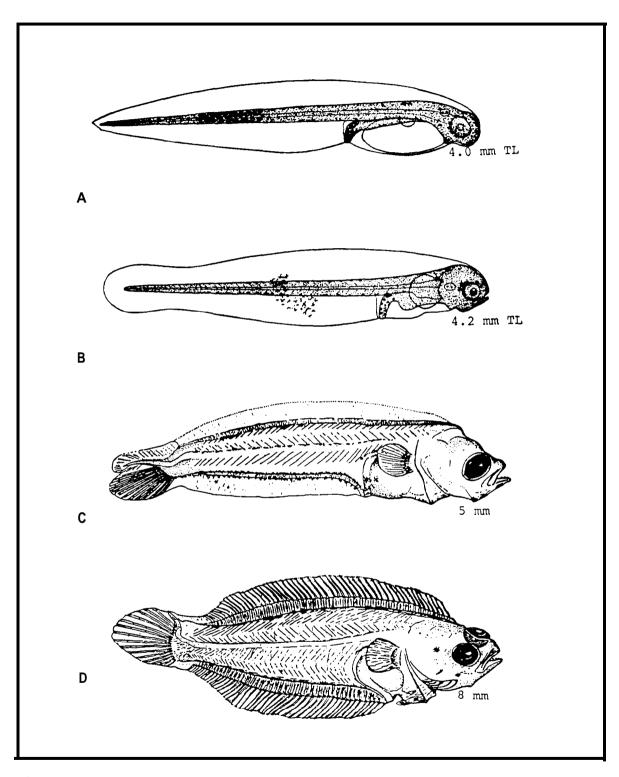


Figure 3. The general development for the summer flounder from hatching to adult. (Martin and Drewry 1978).



٦,

Ĵ

]

Figure 4. The general developent for winter flounder from hatching to adult: A. newly hatched; B. 19 day larva; C. larva; D. juvenile (Martin and Drewry 1978).

Location and source	а	b	r
Pamlico Sound, North Carolina (Powell 1974)	- 5. 254	3. 099	0. 99
Mid Atlantic Bight (Wilk et al. 1978)			
Males	- 5. 289	3. 126	0. 96
Females	- 5. 578	3. 226	0. 98

Table 1. Weight-length regressions for summer flounder, where \log_{10} weight $(g) = a + b \log_{10} length$ (nm) and r = correlation coefficient (Rogers and Van Den Avyle 1983).

GROWTH CHARACTERISTICS

Growth Rates and Length-Weight Relationships

In the Mid-Atlantic Region. growth rate of age I+ summer flounder decreases from north to south. A substantial shift in size at age I from 26 mm in New Jersey to 16 mm in South Carolina may result from differences in growth rates and spawning times; peak spawning in New Jersey is in November while it may occur as late as March in South Carolina (Smith et al. 1981). Growth of young-of-the-year ceased toward the end of their first year in fall and did not resume again until spring when the fish were yearlings (Powell and Table 1 shows the Schwartz 1977). length-weight relationships of summer flounder for Pamlico Sound, North Carolina, and the Mid-Atlantic Bight (Rogers and Van Den Avyle 1983).

Pearcy (1962) published com prehensive data on growth rates of young-of-the-year winter flounder from the Mystic River Estuary and noted seasonal changes in growth. Because metamorphosis was not completed until June, growth during the first 2 months was underestimated and was excluded from analysis. Growth of otoliths after deposition of the opaque center was variable; consequently the age of the young-of-the-year cannot be determined on the basis of otolith characteristics. Mean daily growth rates of winter flounder (in dry weight) were greater at 8 $^{\circ}$ C (10.1%) than at 5 $^{\circ}$ C (5.8%) or at 2 $^{\circ}$ C (2.6%), as shown by Laurence (1975).

Growth in weight for winter flounder was estimated by Pearcy (1962) who took average length of flounder in millimeters at the beginning of each month and converted it to weight in grams by the formula: $W=0.000017 \times L^3$ (Figure 5). Females are generally larger than males of the

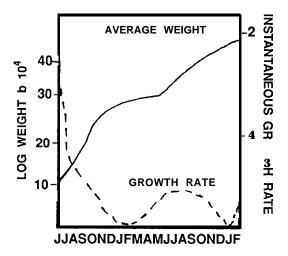


Figure 5. Average monthly weight gain for winter flounder in the Mystic River estuary (Pearcy 1962).

Table 2. Estimated length (nm TL) at age for winter flounder south of Cape Cod off Massachusetts (Howe and Coates 1975).

	Length (mm TL)		
Age	Males	Females	
111	252	294	
IV	301	350	
V	340	390	
VI	370	418	
VII	393	438	
VIII	411	452	
IX	425	462	
X	436	469	
XI	445	474	
XII	452	478	

same age (Table 2) and grow significantly faster (Howe and Coates 1975).

THE FISHERY

Commercial Fisheries

In the late 1920's, as trawlers from northern ports moved south to exploit flounders and other species, the Cape Hatteras winter trawl fishery was initiated (Pearson 1932).

The average total annual landings for 1974 through 1978 in North Carolina were about 8.4 million kg, valued at \$9.7 million (National Marine Fisheries Service 1980).

Edwards (1968) computed biomass of winter flounder on the Continental Shelf of New England by calculating the average catch in pounds per tow made by the 1963-66 groundfish survey using a "36 Yankee" trawl (0.5 inch cod end liner). Biomass was calculated by multiplying catch per tow by a correction factor which was the number of square miles for each zone divided by the area swept by the net in each tow. After the use of a second correction factor that eliminated remaining biases, standing crop for inshore waters of New England was estimated at 90 million pounds. Off southeastern Massachusetts, the winter flounder supports a coastal ground fishery in spring and autum and an offshore fishery in summer (Howe et al. 1976). In a nearby area, fishing pressure was not correlated with depression in abundance of the inshore spawning stock (Jeffries and Johnson 1974).

Snolowitz (1983) demonstrated that, when used to catch winter founder, trawl nets with an average mesh size of 133 nm in the cod end (large mesh) decreased weight of discarded fish by 73% compared to nets averaging 103 nm in the cod end (small mesh).

Recreational Fisheries

Compared to catches in the Mid-Atlantic Bight, the recreational catch of summer flounder in the South Atlantic Bight is minor. In the South Atlantic Bight, North Carolina fishermen take 72% of the total catch. Fish less than five years old make up most of recreational catch in the Mid-Atlantic Bight.

Briggs (1965), who calculated catch rate of winter flounder per unit of effort (16-20 fish/angler/trip) by sportsmen fishing from five types of boats in four locations arouna Long Island for each month in 1961-63, showed that catch was highest in spring and lowest in summer.

Population Dynamics

Identification of the summer and winter flounder stocks and stockspecific biological traits is necessary for proper management, since genetically distinct stocks can have different rates of recruitment, growth, and mortality. The existence of three spawning populations was proposed by Smith (1973) (one each from Cape Cod to Delaware Bay; Virginia to Cape Hatteras, North Carolina; Cape Hatteras to Cape Lookout, North Carolina). Wilk et al. (1980) used discriminant analysis of morphometric characters to conclude that summer flounder from the Mid-Atlantic and South Atlantic Bights constitute two separate stocks divided by Cape Hatteras. The distribution of juveniles in Paml i co Sound is ubi aui tous. and the estuary is accessible to both stocks. Juveniles in Pamlico Sound may exit to join the stock offshore to which they belong.

Pierce and Howe (1977) suggest; on the basis of fin ray counts, that winter flounder south of Cape Cod (including Martha's Vineyard but not Buzzards Bay) be managed as a unit stock. Saila (1962a, b), who compared sex ratios of winter flounder in Narragansett Bay, Rhode Island, with those from Charlestown Pond, Rhode Island. concluded that the higher proportion of females than males in the catch was due to catch selectivity for larger fish: females are considerably larger than males and the market preference is for larger fish.

ECOLOGICAL ROLE

Food Habits

It has been suggested that zooplankton and small crustaceans are eaten by larval and postlarval summer flounder, but supporting data is lacking. Mysid shrinp and small fish are the diet of juveniles, and adults feed on fish and nysid and decapod crustaceans (Hildebrand and Schroeder 1928; Smith and Daiber 1977; Powell and Schwartz 1979).

Sullivan (1914) stated that winter flounaer larvae did not eat until after yolk absorption. Pearcy (1962) presents a detailea account of larval and young juvenile feeding

Throughout their range, habits, adults maintained a varied diet from polychaetes to fish eggs. Their diet is related to size: the larger the individual, the greater the size of the food item to be consumed. The inajor food types of winter flounder were polychaetes and amphipods for fish 11-26 cm long from April to October (Worobec 19841. Predomi nant sizes of invertebrates eaten were similar to predominant sizes in the habitat for winter flounder 25-29 cm but fish 30-35 cm long long, selectively chose larger prey (Levings Winter flounder in Canada did 1974). not feed until after spawning at the start of the seaward migration, when they began feeding on polychaetes and large amphipods (Jeffries and Johnson 1974).

Feeding Behavior

Adult summer flounder feed in estuaries and shelf waters and are more active during daylight hours (Olla et al. 1972; Smith and Daiber 1977). Summer flounder can feed equally well in the water column or on the bottom Bottom feeding is always preceded by an active search, and benthic prey is usually stalked. Searching, stalking, active eve motion, and visual fixation on prey during the day indicate that summer flounder are primarily visual feeders then (Olla et al. 1972).

Winter flounder feed partly by sight. They lie still on the bottom just before lunging at prey. They are inactive from within 30 minutes after evening twilight until the beginning of morning twilight. Fish feed throughout the day (Olla et al. 1969).

Parasites

The microsporidean protozoan Glugea <u>stephani</u> infected 8% of winter flounder sampled from the Mid-Atlantic Region; the infection is present yearround (Takvorian and Cali 1984).

ENVIRONMENTAL REQUIREMENTS

Temperature and Salinity

Although the summer flounder is tolerant of a wide range of chemical and physical conditions, such factors do influence its biology. A thermal shock (temperature increase) of 20 °C above an acclimation temperature of about 15 °C caused no mortality in early embryo stage eggs of summer flounder, but a shock of 16 °C for 16 minutes or 18 °C for 2 minutes caused mortality in late embryo stage eggs (Itzkowitz et al. 1983). Following a thermal shock of 10 ^oC above an acclimation temperature of 15 °C, larvae were actually less susceptible to predation than control larvae (Deacutis 1978). In the Mid-Atlantic Bight north of Chesapeake Bay. spawning and the offshore limits of migration coincide with the inshore edge of the mass of cold bottom water which disappears along with the thermocline in November (Smith 1973). Growth efficiency, feeding rate, and assimilation efficiency of juveniles is directly related to temperature under laboratory conditions (Peters and Angelovic 1971). Growth rate and growth efficiency are greatest at salinities >10 ppt. Summer flounder were found at salinities of 12-35 ppt in Pamlico Sound, over sand or sandy mud rather than silt or clay (Powell and Schwartz 1977). Pamlico Sound is unusual, however, because tides are minor and salinities are uniform throughout much of the sound. In estuaries with major tides that affect the horizontal salinity gradient, or estuaries with different substrate type-salinity relationships, the distribution of summer flounder might be different (Powell and Schwartz 1977).

Viable hatching of winter flounder eggs was optimal at 3 $^{\circ}$ C and 15-25 ppt (Rogers 1976). Yearling winter flounder prefer a temperature of 18.5 $^{\circ}$ C (Casterlin and Reynolds 1982). After acclimation at 5 $^{\circ}$ C, winter flounder larvae suffered low mortality during 4-64 minutes of exposure to a thermal shock of 22 °C (Itzkowitz and Schubel 1983). Thermal shocks of 28-30 °C for 4 minutes produced 100% mortality. Larvae entrained in the cooling water systems of power plants encounter thermal shocks of 5-23 °C (Itzkowitz and Schubel 1983). Winter flounder (about 10 cm long) had an upper incipient lethal temperature (after 48 hours) of about 29 °C after acclimation at either 28 °C or 22 °C (Hoff and Westman 1966). Upper incipient lethal temperatures were 19 °C after acclimation at 4 °C and 26.5 °C after acclimation at 20 °C (McCracken 1963). Winter flounder become inactive above 22.2 °C (Olla et al. 1969).

incipient lethal Lower temperatures (for 48 hr exposures) after acclimation at 28 °C and 21 °C were (respectively) 5.4 °C and 1.0 °C (Hoff and Westman 1966). In a seven year study, the winter flounder catch was negatively correlated with degreedays (an estimate related to average temperature) over the previous 30 months (Jeffries and Johnson 1974). A slight increase in average temperature (<0.5 °C) may hinder recruitment to the fishery, probably through indirect effects on the ecosystem (Jeffries and Johnson 1974).

Pollution

In winter flounder, fin rot disease occurred more frequently in a polluted area (incidence = 14%-16%) than in unpolluted waters (3%) in the Mid-Atlantic Region (Ziskowski and Murchelano 1975). Fin rot prevalence was relatively low in southern New England, ten offshore waters of the New York Bight, and on Georges Bank compared to prevalence in the Gulf of Maine. Lymphocystis (a viral disease) was most common in offshore waters between Delaware Bay and Massachusetts (Ziskowski et al. 1987). In the laboratory, mortality in the summer was significantly increased in winter

flounder exposed to oiled sediments. Feeding rates were significantly less in fish exposed to fresh oil in sediments, but little or no response to oiled sediments aged for l year was observed. Reduced feeding in response to oil contamination could deplete reserves that winter flounder need for sustenance and reproduction in winter (Fletcher et al 1981). No feeding or mortality occurred in winter.

Summer flounder larvae survived exposure to high concentrations of sea water sediment extract from Charleston Harbor, South Carolina, better than did pinfish larvae; survival was 100% (Hoss et al. 1974). The sediment extract probably contained any contaminants that would be in the outfall (runoff) from a dyked disposal area for dredged material taken from the harbor (Hoss et al. 1974). Fin rot disease in summer flounder was slightly more common in the inshore waters of the New York and New Jersey coasts than in more offshore waters (Ziskowski et al. 1987). In a model of the effects of pollution on a multispecies group of coastal fishes, showed moderate summer flounder effects (depression of abundance) but took 10-12 years to recover (Schaaf et al. 1987).



LITERATURE CITED

- Bigelow, H.B., and W.C. Schroeder. 1953. Fishes of the Gulf of Maine. U.S. Fish kildl. Serv. Fish. Bull. 53. 577 QQ.
- Breder, C.M, Jr. 1922. Description of the spawning habits of <u>Pseudopleuronectes</u> <u>americanus</u> in captivity. Copeia 102:3-4.
- Breder, C. M., Jr. 1924. Some embryonic and larval stages of the winter flounaer. Bull. U.S. Bur. Fish. 38:311-315.
- Briggs, P.T. 1365. The sport fisheries fcr winter flounder in several bays of Long Island, N.Y. Fish Game J. 12:48-70.
- Burton, M. P., and D.R. Idler. 1984. The reproductive cycle in winter flounder, <u>Pleuronecies americanus</u>. Can. J. Zool. 62:2563-2567.
- Casterlin, ME., and WW Reynolds.1982. Thermoregulatory behavior anddiel activity of yearling winterflounder,Pseudopleuronectesamericanus.7:177-180.
- Deacutis, C.F. 1978. Effect of thermal shock on predator avoidance by larvae of two fish species. Trans. Am Fish. Soc. 107:632-635.
- Dickie, L.M., and F.D. McCracken. 1955. Isopleth diagrams to predict equilibrium yields of a small flounder fishery. J. Fish. Res. Board Can. 12:187-209.

- Deubler, E.E., Jr. 1958. A comparative study of the postlarvae of three flounders (Paralichthys) in North Carolina. Copeia 1958:112-116.
- Edwards, R.L. 1968. Fishery resources of the North Atlantic area. Pages 52-60 in D. Gilbert, ed. The future of the fishing industry of United States. Univ. Wash. Publ. Fish. New Ser. 4.
- Fletcher, G.L., J.W. Kiceniuk, and V.P. Williams. 1981. Effects of oiled sediments on mortality, feeding, and growth of winter flounder (<u>Pseudooleuronectes</u> <u>americanus</u>). Mar. Ecol. Prog. Ser. 4:91-96.
- Hildebrand, S.F., and W.C. Schroeder. 1928. Fishes of the Chesapeake Bay. U.S. Bureau of Fisheries 1024:366 pp.
- Hoff, J.G., and J.R. Westman. 1966. The temperature tolerances of three species of marine fishes. J. Mar. Res. 24:131-140.
- Hoss, D.E., L.C. Coston, and WE. Schaaf. 1974. Effects of seawater extracts of sediments from Charleston Harbor, S.C., on larval estuarine fishes. Estuarine Coastal Mar. Sci. 2:323-328.
- Howe, A. B., and P. G. Coates. 1975. Winter flounder novements, growth, and mortality off Massachusetts. Trans. Am Fish. Soc. 104:13-29.
- Howe, A.B., P.G. Coates, and D.E. Pierce. 1976. Winter flounder

estuarine year-class abundance, nortality, and recruitment. Trans. Am Fish. Soc. 105:647-657.

- Itzkowitz, N., and J.R. Schubel. 1983. Tolerance of five-day-old winter flounder, <u>Pseudopleuronectes</u> <u>americanus</u>, larvae to thermal shock. U.S. Natl. Mar. Fish. Serv. Fish. Bull. 81:913-916.
- Itzkowitz, N., J.R. Schubel, and P. M.J. Woodhead. 1983. Responses of summer flounder, <u>Paralichthys</u> <u>dentatus</u>, embryos to thermal shock: <u>Environ. Biol. Fishes</u> 8:125-135.
- Jeffries, H.P., and W.C. Johnson. 1974. Seasonal distributions of bottom fishes in the Narragansett Bay area: seven-year variations in the abundance of winter flounder (Pseudopleuronectes americanus). J. Fish. Res. Board Can. 31:1057-1066.
- Johns, D.M., WH. Howell, and G. Klein-MacPhee. 1981. Yolk utilization and growth to yolk sac absorption in summer flounder (Paralichthys aentatus) larvae at constant and cyclic temperatures. Mar. Biol. (Berl.) 63:301-330.
- Kennedy, V.S., and D.H. Steele. 1971. The winter flounder (Pseudopleuronectes americanus) in Long Pond, Conception Bay, Newfoundland. J. Fish. Res. Board Can. 28:1153-1165.
- Keup, L., and J. Bayless. 1964. Fish distribution at varying salinities in Neuse River basin, North Carolina. Chesapeake Sci. 5:119-123.
- Laurence, G. C. 1975. Laboratory growth and metabolism of the winter flounder <u>Pseudopleuronectes</u> <u>americanus</u> from hatching through metamorphosis at three temperatures. Mar. Bibl. (Berl.) 32:223-229.
- Levings, C. D. 1974. Seasonal changes in feeding and particle selection by

winter flounder (Pseudopleuronectes americanus). Trans. Am Fish. Soc. 103:828-832.

- Martin, F.D., and G.E. Drewry. 1978. Development of fishes of the Mid-Atlantic Bight, an atlas of egg, larval, and juvenile stages. Vol. VI, Stromateidae through Ogocephalidae. U.S. Fish. Wildl. Serv. Biol. Serv. Program FWS/OBS-78/12. 416 pp.
- McCracken, F.D. 1963. Seasonal movements of the winter flounder, <u>Pseudopleuronectes</u> <u>americanus</u> (Walbaum), on the Atlantic coast. J. Fish. Res. Board Can. 20:551-586.
- Morse, WW 1981. Reproduction of the summer flounder, Fratichtnys dentatus (L.). J. Fish Biol. 19:189-203.
- National Yarine Fisheries Service.
 1980. Fishery Statistics of the United States, 1979. U.S. Natl. Mar. Fish. Serv. Curr. Fish. Stat. No. 8000.
- National Marine Fisheries Service. 1987a. Fisheries of the United States, 1586. U.S. Natl. Mar. Fish. Serv. Curr. Fish. Stat. 8385.
- National Marine Fisheries Service. 1987b. Marine recreational fishery statistics survey, Atlantic and gulf coasts, 1986. U.S. Natl. Mar. Fish. Serv. Curr. Fish. Stat. 8392.
- Olla, B.L., R. Wicklund, and S. Wilk. 1969. Behavior of winter flounder in a natural habitat. Trans. Am Fish. Soc. 98:717-720.
- Olla, B.L., C.E. Samet, and A.L. Studholme. 3972. Activity and feeding behavior of the summer flounder (<u>Paralichthys</u> dentatus) under controlled laboratory conditions. Fish. Bull. 70:1127-1136.

- Pearcy, WG. 1962. Ecology of an estuarine population of winter flounder 'Pseudopleuronectes <u>americanus</u> (Walbaum). Bull. Bingham Oceanogr. Collect., Yale Univ. 18(1). 78 pp.
- Pearson, J. C. 1932. Winter trawl fishery off the Virginia and North Carolina coasts. U. S. Bur. Fish. Invest. Rep. 10. 31 pp.
- Peters, D.S., and J.W. Angelovic. 1971. Effect of temperature salinity, and food availability on growth and energy utilization of juvenile summer flounder, <u>Paralichthys dentatus</u>. Pages 545-554 in D.J. Nelson, ed. Radionuclides in ecosystems. National Symposium on Radioecology, Oak Ridge, Tenn.
- Pierce, D.E., and A.B. Howe. 1977. A further study on winter flounder group identification off Massachusetts. Trans. Am Fish. Soc. 106:131-139.
- Powell. A. B.1974.Biology of the
summer flounder,Paralichthys
dentatus,dentatus,inPamlicoSoundand
adjacent waters,adjacent waters,with comments on P.lethostigmand P.albigutta.M.S.Thesis.UniversityofNorth
Carolina,Carolina,Chapel Hill.145 pp.
- Powell, A.B., and F.J. Schwartz. 1977. Distribution of paralichthid flounders [Bothidae: <u>Paralichthys</u>) in North Carolina estuaries. Chesapeake Sci. 18:334-339.
- Powell, A.B., and F.J. Schwartz. 1979. Food of <u>Paralichthys dentatus</u> and <u>P. letnostigma</u> (Pisces: Bothidae) in North Carolina estuaries. Estuaries 2:276-279.
- Richards, C.E., and M. Castagna. 1970. Marine fishes of Virginia's Eastern Shore (inlet and marsh, seaside waters). Chesapeake Sci. 11:235-248.

- Rogers, C.A. 1976. Effects of temperature and salinity on the survival of winter flounder embryos.
 U.S. Natl. Mar. Fish. Serv. Fish. Bull. 74:52-58.
- Rogers, S.G., and M.J. Van Den Avyle. 1983. Species profiles: Life histories and environmental requirements of coastal fishes and invertebrates (South Atlantic)-summer flounder. U.S. Fish. Wildl. Serv. FWS/OBS-82/11.15. U.S. Army Corps of Engineers, TR EL-82-4. i4 pp.
- Saila, S. B. 1961. A study of winter flounder movements. Limmol. Oceanogr. 0:292-298.
- Saila, S. B. 1962a. The contribution of estuaries to the offshore winter flounder fishery in Rhode Island. Proc. Gulf Caribb. Fish. Inst. 14:95-109.
- Saila, S.B. 1962b. Proposed hurricane barriers related to winter flounder movements in Narrangansett Bay. Trans. Am Fish. Soc. 91:189-195.
- Saila, S.B., D.B. Horton, and R.J. Berry. 1965. Estimates of the theoretical biomass of juvenile winter flounder, <u>Pseudopleuronectes</u> <u>americanus</u> (Walbaum), required for a fishery 1n Rhode Island. J. Fish. Res. Board Can. 22:945-995.
- Scarlett, P. G. 1981. Fishery management plan for the summer flounder fishery. Atlantic States Marine Fisheries Commission Management Report 81-1. Washington, D. C. 80 pp.
- Schaaf, WE., D.S. Peters, D.S. Vaughan, L. Coston-Clements, and C.W Krouse. 1987. Fish population responses to chronic and acute pollution: the influence of life history strategies. Estuaries 10:267-275.

- Smith, R.W., and F.C. Daiber. 1977. Biology of the summer flounder, <u>Paralichthys dentatus</u>, in Delaware Bay. U.S. Natl. Mar. Fish. Serv. Fish. Bull. 75:823-830.
- Smith, R.W, L. M Dery, P.J. Scarlett, and A. Jearld, Jr. 1981. Proceedings of the summer flounder (<u>Paralichthys dentatus</u>) age and growth workshop 20-21 May 1980, Northeast Fishery Center, Woods Hole, Massachusetts. NOAA Tech. Memo. NMFS-F/NEC-11. 31 pp.
- Smith, W.G. 1973. The distribution of summer flounder, <u>Paralichthys</u> <u>dentatus</u>, eggs and larvae on the <u>Continental Shelf between Cape Cod</u> and Cape Lookout, 1965-1966. U.S. Natl. Mar. Fish. Serv. Fish. Bull. 71:527-548.
- Smolowitz, R.J. 1983. Mesh size and the New England ground fishery-applications and implications. NOAA Tech. Rep. NMFS-SSRF-771. 60 pp.
- Sullivan, WE. 1914. A description of the young stages of the winter flounder (<u>Pseudopleuronectes</u> <u>americanus</u> Walbaum). Trans. Am. Fish. Soc. 44:125-136.
- Takvorian, P.M., and A. Cali. 1984. Seasonal prevalence of the microsporidkan, <u>Glugea</u> <u>stephani</u> (Hagenmuller), in winter flounder, <u>Pseudopleuronectes</u> <u>americanus</u> (Walbaum), from the New York-New Jersey Lower Bay Complex. J. Fish Biol. 24:655-663.
- Topp, R.W 1968. An estimate of fecundity of the winter flounder (<u>Pseudoppleuponectes americanus</u>).J. Fish. Res. Board Can. 25:1299-1302.
- Weinstein, M.P. 1979. Shallow marsh habitats as primary nurseries for fishes and shellfishes, Cape Fear River, North Carolina. U.S. Natl. Mar. Fish. Serv. Fish. Bull. 77:339-357.

- Weinstein, M.P., and H.A. Brooks. 1983. Comparative ecology of nekton residing in a tidal creek and adjacent seagrass meadow: community composition and structure. Mar. Ecol. Prog. Ser. 12:15-27.
- Weinstein, M.P., S.L. Weiss, R.G. Hodson, and L.R. Gerry. 1980. Retention of three taxa of post larval fishes in an intensively flushed tidal estuary, Cape Fear River, North Carolina. U.S. Natl. Mar. Fish. Serv. Fish. Bull. 78:419-436.
- Wilk, S.J., WW Morse, and D.E. Ralph. 1978. Length-weight relationships of fishes collected in the New York Bight. Bull. N.J. Acad. Sci. 23:58-64.
- Wilk, S.W, WG. Smith, D.E. Ralph, and J. Sibunka. 1980. Population structure of summer flounder between New York and Florida based on linear discriminant analysis. Trans. Am Fish. Soc. 109:265-271.
- Williams, A.B., and E.E. Deubler. 1968. A ten-year study of meroplankton in North Carolina estuaries: assessment of environmental factors and sampling success among bothid flounders and penaeid shrimps. Chesapeake Sci. 9:27-41.
- Worobec, M.N. 1984. Field estimates of the daily ration of winter flounder, <u>Pseudopleuronectes</u> <u>americanus</u> (Walbaum), in a southern <u>New England salt pond. J. Exp. Mar.</u> Biol. Ecol. 77:183-196.
- Ziskowski, J., and R. Murchelano. 1975. Fin erosion in winter flounder. Mar. Pollut. Bull. 6:26-29.
- Ziskowski, J.J., L. Despres-Patanjo, R.A. Murchelano, A.B. Howe, D. Ralph, and S. Atran. 1987. Disease in connercially valuable fish stocks in the northwest Atlantic. Mar. Pollut. Bull. 18:496-504.

0272 -101		
PAGE Biological Report 82(11.112)*	2.	3. Recipient's Accession No.
, Title and Subtitle Species Profiles: Life Histories and Environmental	Requirements of	5. Report Date August 1989
Coastal Fishes and Invertebrates (Mid-Atlantic&Sur Flounder	6.	
'. Author(s) Barbara H.Grines, Melvin T.Huish, and J. Howard Ker	by ^a ; David Moran ^b	8. Performing Organization Rept. N
a. North Carolina Cooperative b National Wetland	s Research Center	10. Project/Task/Work Unit No.
		11. Contract(C) or Grant(G) No.
North Carolina State University Slidell LA 704	158	(C)
Raleighl, NC 27695		(G)
,Z. Sponsoring Organization Name and Address		13. Type of Report & Period Covere
U.S. Department of the Interior U.S. Army Corps		To: Type of Report & Period Covered
Fish and Wildlife Service Waterways Exper	iment Station	
National Wetlands Research Center P.O. Box 631 Washington, DC 20240 Vicksburg, MS 39180		14.
15. Supplementary Notes U. S. Army Corps of Engineers Report No. TR EL-82-4		<u> </u>
16. Abstract (Limit: 200 words)		
assist in environmental impact assessments. The important commercial and recreational fishery in constituent of estuarine and continental shelf sy Summer flounder spawning begins in September and June. Summer flounder eggs are pelagic whereas w Summer flounder larvae are more abundant in inlet estuarine Seagrass beds in salinities ≥ 12 ppt. abundant in shallow bays and estuaries, moving se Growth of winter flounder and summer flounder is three spawning populations of both species which Summer flounder are tolerant of a wide range of prefer > 10 ppt salinities. Winter flounder opti Diseases of winter flounder are more prevalent i are tolerant of sediments laden with contaminants	vstems throughout (winter flounder sp winter flounder egg s, and juveniles a Winter flounder j eaward in spring an seasonal. There a produce a complex chemical and physic mal temperature is n polluted waters.	and are important the region. pawning begins in gs are demersal. are found in uveniles are and summer. are probably stock pattern. cal factors, but s 18.5 "C.
· · · · · · · · · · · · · · · · · · ·		
) Flounder Fisheries Salinity Growth Feeding habits Tenperature Life cycles		
b. Identifiers/Open-Ended Terms		
D) Paralichthys dentatus Summer flo	ounder	
b) <u>Paralichthys dentatus</u> Summer flo <u>Pseudopleuronectes americanus</u> Winter flo		
by further then y by the further the second se		
c. COSATI Field/Group 6. Availability Statement	19. Security Class (This Report	
c. COSATI Field/Group	punder	18

As the Nation's principal conservation agency, the Department of the Interior has responsibility for most of our nationally owned public lands and natural resources. This includes fostering the wisest use of our land and water resources, protecting our fish and wildlife, preserving the environmental and cultural values of our national parks and historical places, and providing for the enjoyment of life through outdoor recreation. The Department assesses our energy and mineral resources and works to assure that their development is in the best interests of all our people. The Department also has a major responsibility for American Indian reservation communities and for people who live in island territories under U.S. administration.



U.S. DEPARTMENT OF THE INTERIOR FISH AND WILDLIFE SERVICE

TAKE PRIDE in America



UNITED STATES DEPARTMENT OF THE INTERIOR FISH AND WILDLIFE SERVICE National Wetlands Research Center NASA-Slidell Computer Complex 1010 Gause Boulevard Slidell, IA 70458

OFFICIAL BUSINESS PENALTY FOR PRIVATE USE, \$300 POSTAGE AND FEES PAID U.S. DEPARTMENT OF THE INTERIOR INT-423